

HRE 315 – Group Counseling
Winter II Term 2017
LaVonne Rosenthal
402-430-5574 (Text message ok – please identify yourself)
Lavonne.rosenthal@doane.edu
Office hours: One hour prior to each class session or by appointment only.

COURSE DESCRIPTION

This course is a study of the basic issues and key concepts involved in group counseling and the application of these concepts to a variety of therapeutic and work groups.

LEARNING OBJECTIVES

During the course, students will:

- Be given an in-depth look at group counseling with an emphasis on practical knowledge and techniques for effective group leadership.
- Gain hands-on, classroom experience on how to lead groups through beginning, middle and ending stages.
- Examine methods on how to deal with problem members in group settings

INSTRUCTIONAL MATERIALS

Group Counseling: Strategies and Skills, 8th Edition

METHODS AND COURSE STRUCTURE

This is an accelerated learning and time intensive course designed for adults. The design of the course recognizes that adults learn most effectively and most rapidly through a process of self-discovery and self-learning. The design of the course further recognizes that each adult brings both life and work experiences to the course that can be a learning resource to the other students in the class. This course consists of eight weekly class sessions. This accelerated pace requires the student to take a great deal of responsibility for his/her own learning outcomes. While in class, the student is expected to participate actively in discussion and group activities, and will be graded on their level of participation in class discussions. A final paper will be due one week after the conclusion of the term.

GENERAL NOTES ON CLASSROOM POLICIES

Doane University Statement on Plagiarism and Other Forms of Academic Misconduct

Academic misconduct, including plagiarism and collusion, is unacceptable and unprofessional. Turning in work that is not your own (work that is either plagiarized or otherwise misrepresented) **can result in dire consequences up to and including expulsion from the university.**

Attendance

Attendance is crucial to student success in any academic program; consequently, it is imperative that students attend every class for the full scheduled time. Please confer with the instructor about any planned absences. Students who miss a class may receive a significant reduction in their grade.

Doane University's Statement on Weather Related Cancellation of Classes

The decision to cancel classes for the evening will be made by 4:00 p.m., and announced by email and website.

Late Assignments. All assignments and projects are due as scheduled on the specified date. You are responsible for completing all reading assignments and projects in this class regardless of circumstances.

EVALUATION AND GRADING

In order to earn a passing grade in this course, students must complete all of the reading assignments and activities. No "zeros" will be assigned and all work must be completed. Customary percentages are used in assigning the course grade (A, B, C...). This course is based upon a 500-point scale, the breakdown of which follows:

- **Participation (150 points)**: This is a discussion-based course. Attendance and participation are imperative to success. Active involvement and inclusion of fellow students in collaborative discourse is imperative to receive maximum points.
- **Attendance (150 points)**
- **Final Course Project (200 points)**: Each student will write a paper applying five (5) principles, theories or methods learned in this class to a work group/family group of their choosing. The paper (3-5 pages long) will be due no later than one week after the end of the class. Students will present a project overview/outline on week 8 of the class. The presentation will include an overview of the five principles selected and a description of the group they've chosen to analyze. Students will also collaborate during class period on week 7 to create a closing exercise for the last night of class.

Grades will be based on the following scale:

400 – 500	A
300 – 399	B
200 – 299	C
100 – 199	D
Less than 100	F

COURSE SCHEDULE

This schedule is tentative and subject to change.

<i>Class Session</i>	<i>Class Times</i>	<i>Chapters</i>	<i>Additional Items</i>
Week 1, Wednesday, January 11	6:00 --10:30 p.m.	Introductions LSDI	Dena Stevenson – substitute
Week 2, Wednesday, January 18	No class		Instructor absent
Week 3, Wednesday, January 25	6:00 --10:30 p.m.	1, 2, 3	Introductions Expectations Schedule Saturday class
Week 4, Wednesday, February 1	6:00 --10:30 p.m.	4, 5, 6, 7	
Week 5, Wednesday, February 8	6:00 -- 10:30 p.m.	8, 9, 10, 11	
Make up for Week 2 February 11	10:00 a.m. – 1:00 p.m.	Guest speaker, Mary Reece, LMHP	Madonna Rehab Center, Omaha
Week 6, Wednesday, February 15	6:00 – 10:30 p.m.	12, 13, 14	Student prep for closing activity
Week 7, Wednesday, February 22	6:00 – 10:30 p.m.	15, 16, 17	Discuss final projects and presentations
Week 8, Wednesday, March 1	6:00 – 10:30 p.m.	Student presentations	Class closing exercise led by students

Please read Chapters 1 through 3 prior to the first class session so you are prepared to participate in class discussions.