

HRE 417 Multicultural Counseling 3 Semester Credits Winter I 2016
Instructor: Brenda K. Kastens, MA, FT, LMHP
Phone: 402-540-4772 Email: brenda.kastens@doane.edu

Course Description:

A course designed to give students the self-understanding, knowledge, and techniques necessary to counsel a person whose culture is different from that of the counselor.

Required Textbook:

Culture & Identity: Life Stories for Counselors and Therapists
Anita Jones Thomas & Sara Schwarzbaum
ISBN: 9781412986687 2nd Edition

This book is required for the course and must be brought to every class, starting with week 1. No exceptions. You will lose 5 points for each class meeting that you do not bring your book.

Electronic books are not allowed for this class.

The class schedule is below. Please make arrangements to attend each class.

Oct. 20th...No Class Meeting First emailed Assignment/Check in Entry due
Oct. 27th... Class Meeting...Assignment Due
Nov. 3rd... Assignment Due
Nov. 10th...Class Meeting...Assignment Due
Nov 17th... Assignment Due
Nov. 24th...Thanksgiving
Dec. 1st...Class Meeting...Assignment Due
Dec. 8th... Assignment Due
Dec. 15th...Class meets from 6-7:30

If you are unable to attend the first class meeting, you will not be able to take this course.

Course Objectives:

- 1) To acquire a basic understanding of issues and concepts in cross-cultural counseling.
- 2) To acquire knowledge of a basic framework for the development of cultural competency and multicultural counseling competency.
- 3) To acquire self-understanding, knowledge, and techniques necessary to counsel a person whose culture is different from the counselor's.
- 4) To examine certain professional ethical issues related to multicultural counseling.

Instructional and Grading Methods:

This class will utilize a textbook, current issues, videos, discussion, and a cultural

autobiography as methods of instruction. Weekly journals will be written. Students will be expected to attend cultural events in their community. There will be an emphasis on classroom discussion. Grading will be heavily weighed on attendance and participation.

Students may use their cell phones to take emergency calls only. Texting will not be tolerated in class. Participation points will automatically be deducted if a student is found to be texting during class. Students will not be allowed to use their laptops or other electronic devices during class.

Students are expected to attend class and participate in discussion. Missing 3 classes will earn you an automatic failing grade for the course.

Incompletes are given only for extenuating circumstances.

Late papers will only earn 50% of the available points. All papers must be typed and ready to be handed in at the beginning of the class. No exceptions.

Academic Integrity Policy:

The Doane College Academic Integrity Policy will be adhered to in this class. All projects and tests will represent your own work. Any use of others' ideas and words without proper citation of sources is plagiarism and will result in penalties to be determined by the instructor and/or the dean of undergraduate studies.