

**HRE 315      Group Counseling**  
**Summer 2014    3 Semester Credits**

**Instructor:**

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**Course Description:**

The course consists of a combination of didactic and experiential sessions. A study of the basic issues and key concepts involved in group counseling and the application of these concepts to a variety of therapeutic groups will be studied. The use of quizzes and student journals will be a major portion of the learning technique.

**Required Textbook:**

Group Work: A Counseling Specialty, 6<sup>th</sup> Edition. Samuel T. Gladding. Prentice Hall. 2011. ISBN: 0-13-705-1522

**You MUST have this book with you on the first day of class. No exceptions!**  
**Failure to have the required text on the first day of class will result in an automatic loss of 5 points.**

**Electronic books are not acceptable for this class!**

**If you are unable to attend the first class meeting, you will not be allowed to take this course. You will automatically be withdrawn from the course.**

**Instructional Methods:**

This course is designed to combine the study of theory with process and practice. Lecture and discussion will be followed by experiential exercises and is designed to integrate information with techniques. Leadership and facilitator responsibilities will be shared and counseling techniques will be practiced. In addition to lecture and discussion, videos and skills practice will be incorporated in the learning process.

**Course Objectives:**

1. Gain knowledge of the theories which apply to group counseling.
2. Discover personal facilitation styles for group work.
3. Develop and practice identified techniques as a group facilitator/leader.
4. Review the stages and various dynamics that occur in the evolution of a group.
5. Examine ethical and professional issues involved in group leadership.

**Course Evaluation:**

Students will be graded on attendance, participation, a chapter presentation, mid-term and final examinations.