Instructor: Deb Savage, RN, MSN, CPC

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Course Description:
This course focuses upon the nature and influence of communicative behavior in close, personal relationships. Interpersonal communication structure and processes will be explored as they relate to the development and maintenance of identities, friendships, romantic, and family relationships.

Course Objectives:
Through thorough examination and discussion of theoretical study and practice of communication exercises, at the end of this course, each participant should:
1. Establish effective interpersonal, intrapersonal, and group communication
2. Know the techniques for improvement of communication skills
3. Be able to assess his/her communication skills
4. Become aware of barriers to effective communication
5. Be aware of different perceptions and possibilities for interpretation of communication

Text:
Communicate! A Workbook for Interpersonal Communication.
ISBN: 0-7575-1332-8

Workbooks must be purchased new.
Used workbooks will not be acceptable for this course.

You must have your workbook with you for every class meeting!

The following assignments must be completed prior to the first class meeting.
5 points will be deducted from the workbook if the work is not done in advance.
Read the instructions carefully and complete each of the individual assignments.
Interpersonal Communication Dates, Time and Assignments

Sun, Jan. 6th - (1-7pm)
Mon – Thursday, Jan. 7th – Jan. 10th (6p – 10:30)
Saturday, January 12th (9-5pm)

SUNDAY, January 6th ASSIGNMENT: (1pm – 7pm)

Complete CHAPTERS 1 & 2 Prior to class

1pm – 1:50pm
Introductions & Name Tags
Stuff to go over
   Attendance, participation and workbook = grade
   Doane email
   Weather
   Workbook - discussion
   Plan A and Plan B answers
   Classroom Rules – NO CELL PHONES, communication rules, confidentiality
   Breaks will be given but always based on where we are at in the activities
   and discussion

2pm – 2:50
Read Chapter 1...Due prior to class
Complete the following pages prior to class, we will discuss in class
   Communication Questionnaire...pages 5-6
   Getting to Know Me...pages 7-8
   Julie & Mr. Conroy...pages 16-17
      Things to Work On...pages 19-20
   Course Goals...pages 21-22
   Reactions to Chapter 1...pages 23-24

3pm - 3:50
Read Chapter 2...Due prior to class
Complete the following pages prior to class, we will discuss in class
   Listening Quiz...pages 32-33
   Listening Questionnaire...page 36
   Listening Skills Self Inventory...pages 39-41
   Testing for Listening Power...pages 44-45
   Reactions to Chapter 2...pages 59-60

4pm – 6pm MOVIE
Must be present to see movie. We will refer to movie throughout the week. If you miss movie...need to make up before 2\textsuperscript{nd} class.

**MONDAY, January 7\textsuperscript{th} ASSIGNMENT:** (6p – 10:30p)

**CHAPTERS 3 & 4 Before Class**

Finish movie if needed.

**Read Chapter 3...**\textit{Due prior to class}

\textbf{Complete the following pages prior to class, we will discuss in class}

- Perception: Agree/Disagree...pages 66-67
- Perception...pages 69-73
- Quiz: Common Perception...pages 74-75
- The Way I See Things...page 76
- Count the Squares...page 81
- The Way We See Me (Self)...pages 85-86
- The Whole Truth...pages 91-92
- Now the Rest of the Truth...pages 93-94
- Reactions to Chapter 3...pages 95-96

**Read Chapter 4...**\textit{Due prior to class}

\textbf{Complete the following pages prior to class, we will discuss in class}

- Non-verbal Rules...page 106-107
- Reactions to Chapter 4...pages 111-112
TUESDAY, January 8th  ASSIGNMENT:  (6p – 10:30)

Chapters 5 & 6

Read Chapter 5...Due prior to class
Complete the following pages prior to class, we will discuss in class
   Semantic Reactions...pages 120-121
   Hidden Assumption Test...pages 122-123
   The Uncritical Inference Test...pages 124-125
   Polarization...page 126
   Owning My Communication...page 127
   The Slang Test...pages 128 – 129
   Reactions to Chapter 5...pages 133-134

7:30 – 7:45 Tentative Break

7:45 – 9:00
Read Chapter 6...Due prior to class
Complete the following pages prior to class, we will discuss in class
   Exercising Compliments...page 139
   Turning Points in My Life...page 141
   Comfort Survey...pages 142 – 143
   Rate Your Self Confidence...pages 144 – 145
   Role Analysis...pages 147 – 149 (look over, we will complete in class)
   Reactions to Chapter 6...pages 155-156
WEDNESDAY, January 9th ASSIGNMENT: (6p – 10:30)

Read Chapter 7...Due prior to class
Complete the following pages prior to class, we will discuss in class
   Complete the Thought...pages 169-170
   Self Appraisal...pages 171-172
   Lost in a Lifeboat...pages 175-176
   Reactions to Chapter 7

7:30 –7:45 Tentative Break

7:45 – 9:00
Read Chapter 8...Due prior to class
Complete the following pages prior to class, we will discuss in class
   Conflict Quiz...page 184
   Feelings About Conflict...page 185
   Identifying Conflicts Activity...pages 186-187
   How Assertive Are You?...pages 198 -202
   Five Sample Situations...pages 205-206
   Reactions to Chapter 8...pages 209-210

THURSDAY, January 10th ASSIGNMENT: (6p – 10:30)

Read Chapter 9...Due prior to class
Complete the following pages prior to class, we will discuss in class
   Skills 1 – 5...pages 219-223
   How Well Do We Know Women & Men? Pages 224-225
   Diagnosing Your Relationship...pages 229-230
   Self Disclosure Questionnaire...pages 231-235
   Relationship Roles...pages 236-237
   Reactions to Chapter 9

Read Chapter 10...Due prior to class
Complete the following pages prior to class, we will discuss in class
   Exploring Resumes and Cover Letters...pages 245-250
   Optional: Create a Resume
   Do not need to complete reactions to chapter 10
   Susan Rocker Visit if Available

Hand in completed workbooks at the end of class. Make sure names are on the workbooks. Workbooks will be returned Saturday.
FRIDAY January 11th ASSIGNMENT:
NO CLASS

Please *utilize this time* to complete your presentations for Saturday, January 12th

SATURDAY January 12th ASSIGNMENT:

PRESENTATIONS
Workbook will be returned.
FOOD IS WELCOME !!!!!!!

Grading:

Attendance:  5pts x 7 *class days* = 35 pts (Must be present entire class time)
Participation: 5pts x 7 *class days* = 35 pts (Must be present entire class time)
Workbook:  100 points
Final Presentation: 30 points
Total: 200 points

195-200 (+perfect attendance) = A+
190-195 = A
180-189 = B
170-179 = C
160-169 = D
Below 159 = F

If you will be absent, please notify me prior to class by email at
Deb.savage@doane.edu