GROUP COUNSELING--HRE 315  
Doane College Grand Island, NE  
Syllabus

Instructor: Kay M. Carpenter, BSN, MS, MA  
Credits: 3 hrs.
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Email: kay.carpenter@doane.edu, kcarpenter@gips.org

Course Description:
A study of the basic issues and key concepts involved in group counseling and the application of these concepts to a variety of therapeutic groups will be studied.

Required Textbook:
Student Manual for Corey’s Theory and Practice of Group Counseling, 8th edition [Paperback]
Publisher: Brooks Cole
ISBN-10: 0840034644

Instructional Methods:
Leadership and facilitator responsibilities will be shared and counseling techniques will be practiced. In addition to lecture and discussion, videos and skills practice will be incorporated in class.

Course Objectives:
Upon completion of this course the student will be able to:
1. Understand theories which apply to group counseling.
2. Identify concepts and techniques from the various therapeutic models effective in the practice of therapeutic group activities.
3. Describe and demonstrate the role of facilitating and co-facilitating a group, including the use of strategies to increase clients’ ability for problem solving.
4. Understand their own personal facilitation style for group work.
5. Apply identified techniques used in the group counseling process.
6. Examine ethical and professional issues involved in group leadership.

Course Format:
A variety of learning activities including participation in a group process will be utilized during this course.

Grading Policy:
Grades will be calculated based upon the percent of points earned out of the total possible points.
The grading scale will be:
A=90-100  B=80-89  C=70-79  D=60-69

Assignments:--Total points for the 8 weeks: 275 points

<table>
<thead>
<tr>
<th>Activity</th>
<th>Points</th>
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<tbody>
<tr>
<td>Quizzes (Weeks 3, 5, 7)</td>
<td>60</td>
</tr>
<tr>
<td>Reflection Papers/Worksheets</td>
<td>60</td>
</tr>
<tr>
<td>Attendance</td>
<td>80</td>
</tr>
<tr>
<td>Lead Group experience</td>
<td>50</td>
</tr>
<tr>
<td>Co-facilitate Group</td>
<td>25</td>
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Each student will lead (facilitate) a group experience and co-facilitate a group experience. Leading the group will require the leader to prepare a specific topic for discussion and to use the guidelines provided by the instructor. Co-facilitating the group will require the individual to support the leader as well as interject to keep the group functioning.

Scoring guidelines will include: ability to guide the group interaction, the type of questioning utilized, the topic provided, etc.
*A journal paper of leading and co-facilitating the group will be due the week after the experience. This will need to be typed, double-spaced, and a minimum of two pages in length reflecting on leading the group, deciding on the topic, interaction with the other group members while in group, and application of the group process.

*Students are expected to observe ethical principles at all times in group session and in class.

**Attendance**

*Participation in group activities is crucial to the learning process for group counseling. Attendance is a vital part of your learning experience. Therefore, the following will be used to finalize grades:

<table>
<thead>
<tr>
<th>Absent from one class</th>
<th>Makeup work from class due the following week</th>
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<tbody>
<tr>
<td>Absent from two classes</td>
<td>Loss of 5 pts. from total grade average for the 8 weeks</td>
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<tr>
<td>Absent from three classes</td>
<td>Will result in failure of the class</td>
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**Schedule of lessons and exams:**

- **Week 1-March 19**: Class Expectations, Group Practices, Group Roles, Ethics
- **Week 2-March 26**: Group
- **Week 3-April 2**: Group-Quiz
- **Week 4-April 9**: Group
- **Week 5-April 16**: Group-Quiz
- **Week 6-April 23**: Group
- **Week 7-April 30**: Group-Quiz
- **Week 8-May 7**: Grades, Evaluation, (Group if needed)

*The Doane College Academic Integrity Policy is adhered to in this class. All projects will represent your own work. Any use of others’ ideas and words without proper citation of sources is plagiarism and will result in penalties determined by the instructor and/or the dean of undergraduate studies.*