CMS 220...Interpersonal Communications  
Autumn, 2012 PM Class  
(3 Credit Hours) MONDAY Evening

Instructor: Deb Savage, RN, MSN, CPC   Phone: 466-4774 Extension: 308

Email Address: deb.savage@doane.edu

Course Description:  
This course focuses upon the nature and influence of communicative behavior in close, personal relationships. Interpersonal communication structure and processes will be explored as they relate to the development and maintenance of identities, friendships, romantic, and family relationships.

Course Objectives:  
Through thorough examination and discussion of theoretical study and practice of communication exercises, at the end of this course, each participant should:
1. Establish effective interpersonal, intrapersonal, and group communication
2. Know the techniques for improvement of communication skills
3. Be able to assess his/her communication skills
4. Become aware of barriers to effective communication
5. Be aware of different perceptions and possibilities for interpretation of communication
6. Learn and apply The 7 Decisions

Text:  
Communicate! A Workbook for Interpersonal Communication.  
ISBN: 0-7575-1332-8

Workbooks must be purchased new.  
Used workbooks will not be acceptable for this course.  
You must have your workbook with you for every class meeting!

Course Activities:  
To meet the stated objectives, prior to class, students will complete the assigned activities from the text. Students will utilize class time to further discuss the assignments, interact and communicate with each other in large and small groups. The workbooks will be handed in for instructor review and feedback at the end of the course.

IMPORTANT NOTE: New regulations under the Higher Education Act require us to verify the identity of a person doing work in a class if we receive assignments, etc. from that student electronically. We can comply with this regulation if our students submit things to teachers electronically from their Doane College e-mail address or through Blackboard, because the college issued that address, ID, and password. For that reason, I can only send assignments to your Doane e-mail address, and I can only accept assignments submitted to me from your Doane e-mail address.
Autumn Term, 2012  
Monday - PM

Class One: 8/20/12  
*Bring Yourself and Your Workbook*  
*No assignment prior to first class!*

Introductions & Name Tags  
Items to cover:  
- *Attendance, participation, presentation and workbook = grade*  
- Doane email – see IMPORTANT NOTE ON PAGE ONE  
- Weather  
- Workbook - discussion  
- Plan A and Plan B answers  
- Classroom Rules – NO CELL PHONES, communication rules, confidentiality  
- Breaks will be given but always based on where we are at in the activities and discussion

Watch movie – You must see movie. We will discuss every week. If you miss the first class, you will need to make arrangements with me to see the movie at Doane before the second class.

Class Two: 8/27/12 *(CH 1 & 2)*

Report to the group how you have applied one or all of the decisions from the movie. Give an example. How has this “decision” made a difference for you? Be prepared to share and discuss in class.

Read Chapter 1...*Due prior to class*  
*Complete the following pages prior to class, we will discuss in class*  
- Communication Questionnaire...pages 5-6  
- Getting to Know Me...pages 7-8  
- Julie & Mr. Conroy...pages 16-17  
  - Things to Work On...pages 19-20  
- Course Goals...pages 21-22  
- Reactions to Chapter 1...pages 23-24
Read Chapter 2...Due prior to class
Complete the following pages prior to class, we will discuss in class
   Listening Quiz...pages 32-33
   Listening Questionnaire...page 36
   Listening Skills Self Inventory...pages 39-41
   Testing for Listening Power...pages 44-45
   Reactions to Chapter 2...pages 59-60

September 3rd – LABOR DAY – NO CLASS

Class Three: 9/10/12  (CH 3 & 4)

Read Chapter 3...Due prior to class
Complete the following pages prior to class, we will discuss in class
   Perception: Agree/Disagree...pages 66-67
   Perception...pages 69-73
   Quiz: Common Perception...pages 74-75
   The Way I See Things...page 76
   Count the Squares...page 81
   The Way We See Me (Self)...pages 85-86
   The Whole Truth...pages 91-92
   Now the Rest of the Truth...pages 93-94
   Reactions to Chapter 3...pages 95-96

   Report to the group how you have applied one or all of the decisions from the movie. Give an example. How has this “decision” made a difference for you? Be prepared to share and discuss in class.

Read Chapter 4...Due prior to class
Complete the following pages prior to class, we will discuss in class
   Non-verbal Rules...page 106-107
   Reactions to Chapter 4...pages 111-112
Class Four: 9/17/12  (CH 5 & 6)

Read Chapter 5...Due prior to class
Complete the following pages prior to class, we will discuss in class
- Semantic Reactions...pages 120-121
- Hidden Assumption Test...pages 122-123
- The Uncritical Inference Test...pages 124-125
- Polarization...page 126
- Owning My Communication...page 127
- The Slang Test...pages 128 – 129
- Reactions to Chapter 5...pages 133-134

Read Chapter 6...Due prior to class
Complete the following pages prior to class, we will discuss in class
- Exercising Compliments...page 139
- Turning Points in My Life...page 141
- Comfort Survey...pages 142 – 143
- Rate Your Self Confidence...pages 144 – 145
- Role Analysis...pages 147 – 149 (look over, we will complete in class)
- Reactions to Chapter 6...pages 155-156

Report to the group how you have applied one or all of the
decisions from the movie. Give an example. How has this “decision”
made a difference for you? Be prepared to
share and discuss in class

Class Five: 9/24/12  (CH 7 & 8)

Read Chapter 7...Due prior to class
Complete the following pages prior to class, we will discuss in class
- Complete the Thought...pages 169-170
- Self-Appraisal...pages 171-172
- Lost in a Lifeboat...pages 175-176
- Reactions to Chapter 7
Read Chapter 8...Due prior to class

Complete the following pages prior to class, we will discuss in class

- Conflict Quiz...page 184
- Feelings About Conflict...page 185
- Identifying Conflicts Activity...pages 186-187
- How Assertive Are You?...pages 198-202
- Five Sample Situations...pages 205-206
- Reactions to Chapter 8...pages 209-210

Report to the group how you have applied one or all of the decisions from the movie. Give an example. How has this “decision” made a difference for you? Be prepared to share and discuss in class.

Class Six: 10/1/12  (CH 9 and complete any from previous week that did not complete)

Read Chapter 9...Due prior to class

Complete the following pages prior to class, we will discuss in class

- Skills 1 – 5...pages 219-223
- How Well Do We Know Women & Men? Pages 224-225
- Diagnosing Your Relationship...pages 229-230
- Self Disclosure Questionnaire...pages 231-235
- Relationship Roles...pages 236-237
- Reactions to Chapter 9

Chapter 10 – Susan Rocker Visit if Available
**Class Seven: 10/8/12 (Presentations)**

Hand in workbook

Presentations – each student will utilize the guidelines for their presentation.

Additionally, when you complete your presentation, every student in the class will share with the presenter something they admire or see as a strength you (the presenter) has. As you work with each other in groups and get to know one another, please **notice** the “special talents/qualities in each other. Remember these qualities so you can share them on the last day. Presenters...this will be a sweet moment for you!

**Class Eight: 10/15/12 (Presentations)**

FOOD IS ALWAYS ENCOURAGED ON THE LAST DAY OF CLASS!

Presentations – each student will utilize the guidelines for their presentation.

Additionally, when you complete your presentation, every student in the class will share with the presenter something they admire or see as a strength you (the presenter) has. As you work with each other in groups and get to know one another, please **notice** the “special talents/qualities in each other. Remember these qualities so you can share them on the last day. Presenters...this will be a sweet moment for you!

**Workbooks Returned**

Evaluations

Texas Hug!

**Grading:**

<table>
<thead>
<tr>
<th>Component</th>
<th>Points Calculation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attendance</td>
<td>5 points x 8 class days = 40 points</td>
</tr>
<tr>
<td></td>
<td>(Must be present entire class time)</td>
</tr>
<tr>
<td>Participation</td>
<td>5 points x 8 class days = 40 points</td>
</tr>
<tr>
<td>Workbook</td>
<td>5 points x 8 class assignments = 40 points</td>
</tr>
<tr>
<td>Final Presentation</td>
<td>80 points</td>
</tr>
<tr>
<td></td>
<td>Bringing it all together!</td>
</tr>
</tbody>
</table>
Total: 200 points

195-200 (+perfect attendance) = A+
190-195 = A
180-189 = B
170-179 = C
160-169 = D
Below 159 = F

If you will be absent, please notify me prior to class by email at Deb.savage@doane.edu