COURSE DESCRIPTION: A study of sources of knowledge about human individuality and the various theoretical orientations with attention to organization, structure, and dynamics. A Human relations major requirement, which also meets the Writing across the Curriculum requirement.

The Road To Freedom: Letting Go Of Your Baggage, Peter Allman, ISBN 978-1-4759-4223-1, Copyright ©2012 by iUniverse

COURSE OBJECTIVES:
1. Development of the student’s theory of personality
2. An understanding of the leading personality theories.
3. Heightened awareness of the student’s own personality.
4. An introduction to the Myers-Briggs Type Indicator.
5. An enhancement of writing skills.

GENERAL FOCUS OF THIS COURSE will be on identifying the major concepts of the personality theorists studied and applying these theories to the student and to case studies. Emphasis will be placed on personal reflection and introspection through writing and participating in small group activities.

ASSIGNMENT DUE BEFORE FIRST CLASS: Read Chapter 1 and 2

Session 1
Introductions
Course requirements/syllabus
Class discussion about personality and assumptions about humankind
Freud (lecture and discussion)
Complete Myers-Briggs Type Indicator

Assignment for Session 2: Read Chapters 3 & 4 of Personality Theories and pages 87-95 of Road to Freedom

Session 2
Jung (lecture and discussion)
Jung (video)
Adler (lecture and discussion)

Assignment for Session 3: Read Chapter 5 of Personality Theories and pages 96-106 of Road to Freedom

Session 3
Myers-Briggs Type Indicator presentation and feedback
Horney (lecture and discussion)
Fromm (lecture and discussion)

Assignment for Session 4: Read Chapter 6 of Personality Theories and pages 107-117 of Road to Freedom

Session 4
Erikson (lecture and discussion)
Erikson (video)

Assignment for Session 5: Read Chapters 8 & 9 of Personality Theories and pages 118-126 of Road to Freedom
Write paper #1: “The past is still happening. (see format)

Session 5
Assignment #1 is due
Ballard, Miller, Skinner, Bandura and Rotter (lecture and discussion)

Assignment for Session 6: Read Chapters 15 & 16.

Session 6
Cognitive Theory (lecture and discussion).

Assignment for Session 7: Read Chapter 13
Write a personal reflection paper on your development from an Eriksonian perspective. Interview one senior citizen and discern if he/she is in the ego integrity or ego despair stage. (From Section II of The Road To Freedom) Due week 7

Session 7
Carl Rogers and Maslow (lecture and discussion).
Assignment #2 is due

Assignment for Session 8: Read Chapter 17
Write on A Personalized Theory of Personality. Due week 8

Session 8
Assignment #3 is due.
Zen Buddhism presentation by students who missed a class
Zen Buddhism (lecture and discussion)

Class Assignments
1. Students will write one reflection paper applying psychodynamic theory to their own personality. Worth 1/3 of grade.
2. Students will write a paper on their development from an Eriksonian perspective. Students will also interview one senior citizen and discern if he/she is in the ego integrity or ego despair stage. Worth 1/3 of grade.
3. Students will apply at least three personality theories while developing a personalized theory of personality. Worth 1/3 of grade.

Because PSY 365 meets the Writing Across the Curriculum requirement, 10% of every written project will be graded on writing skills.

Attendance: Because of the intensive nature of Doane-Lincoln classes, attendance is critical. If a student misses one class, s/he can make that up by reading pages 1-13 of The Road To Freedom, and writing a one page personal reflection paper on the content of those pages. Due 8th session. If the student does not do this make-up assignment, his/her grade will be lowered.