HRE 417 Multicultural Counseling      3 Semester Credits      Spring 2016

Instructor: Brenda K. Kastens, MA, FT, LMHP  
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Course Description:
A course designed to give students the self-understanding, knowledge, and techniques necessary to counsel a person whose culture is different from that of the counselor.

Required Textbook:
Culture & Identity: Life Stories for Counselors and Therapists  
Anita Jones Thomas & Sara Schwarzbaum  

This book is required for the course and must be brought to every class, starting with week 1. No exceptions. If you do not have your book for the 1st day of class, you will lose 10 points.  
Electronic books are not allowed for this class.  
If you are unable to attend the first class meeting, you will not be able to take this course.

Course Objectives:
1) To acquire a basic understanding of issues and concepts in cross-cultural counseling.
2) To acquire knowledge of a basic framework for the development of cultural competency and multicultural counseling competency.
3) To acquire self-understanding, knowledge, and techniques necessary to counsel a person whose culture is different from the counselor’s.
4) To examine certain professional ethical issues related to multicultural counseling.

Instructional and Grading Methods:
This class will utilize a textbook, current issues, videos, discussion, and a cultural autobiography as methods of instruction. Weekly journals will be written. Students will be expected to attend cultural events in their community. There will be an emphasis on classroom discussion. Grading will be heavily weighed on attendance and participation.

Students may use their cell phones to take emergency calls only. Texting will not be tolerated in class. Participation points will automatically be deducted if a student is
found to be texting during class. Students will not be allowed to use their laptops or other electronic devices during class.

Students are expected to attend class and participate in discussion. Missing one class will result in the loss of points. Missing 2 classes will result in the loss of one full letter grade off of the earned grade. Missing 3 classes will result in an automatic failing grade for the course.

Incompletes are not given for this class.

Late papers will only earn 50% of the available points. All papers must be typed and ready to be handed in at the beginning of the class. No exceptions.

Academic Integrity Policy:

The Doane College Academic Integrity Policy will be adhered to in this class. All projects and tests will represent your own work. Any use of others’ ideas and words without proper citation of sources is plagiarism and will result in penalties to be determined by the instructor and/or the dean of undergraduate studies.