NRS 306 - 7
Personal and Professional Development II

Credit Hours: 1
Location: Grand Island
Time: 6 pm – 10:30 pm
Dates: Mondays: 1/19, 2/9, 2/23, and 3/2
Instructor: Drew Case, RN, MSN
Email: drew.case@doane.edu
Phone: Given in class

Blackboard: Please note that this will class will use “Blackboard” for assignments, grading, communication, etc. Go to https://bb2.doane.edu/webapps/login/ to log into Blackboard. Use the same “user name & password” as you do for your Doane e-mail.

ALL assignments will be submitted via Bb! PLEASE, always review “syllabus” on Bb as this is the most current version and changes are made prior to class and Bb will ALWAYS be up-to-date!

Course Description:
This is an introductory course to the science of Ontology. Topics include the exploration of “being willing”, standards of integrity, life intentions, monkey mind, the 4 boxes, coherence and incoherence, the six forms of energy, creating goals and the conclusions people focus on.

The Connection To The Nursing Profession:
Baccalaureate graduates will be expected to focus on continuous self-evaluation and lifelong learning. Additionally, they must have knowledge, skill sets, and attitudes that prepare them for a career of rapid change.

This is the second one-hour course in the series of personal growth and development. The student is introduced to Ontology, the branch of metaphysics dealing with the nature of being, existence or reality. Ontology considers questions relevant to what entities exist or can be said to exist, and how such entities can be grouped according to similarities and differences.

In this class, emphasis is placed on learning the importance of asking quality questions to get quality answers. The students explore how they “show up” and exist on the day-to-day and moment-to-moment basis.

Please note the questions from each class that relate to nursing. Your learning will be enriched with the addition of the discipline of Ontology. You will learn and put into practice another way of “being”.

Course Objectives:
Students will develop and practice the following:

1. What do you notice about using the term “being willing”?
2. Explain how the use of “being willing” impacts your nursing cares.
3. Gain clarity about values and identify what is most important to you/nurses as you live day to day.
4. Debate the importance of knowing your values AND taking action in alignment with those values in your current nursing position. Gain an understanding of how to make personal choices and decisions that reflect their values and purpose.
5. Compare and contrast nurses engaged in their profession versus the disengaged employee. Look at values, “I am willing”, coherence versus incoherence and any other examples you can identify.

**Text:** *Mastering Life’s Energies*

**Author:** Maria Nemeth, PhD  
**Publisher:** New World Library (2007)  
**ISBN-10:** 1-57731-531-6  
**ISBN-13:** 978-1-57731-531-5

**Grading:**

- **Attendance:** 5 points / 4 nights = 20 points  
- **Engagement/Professionalism/Attitude:** 10 points / 4 nights = 40 points  
- **Reflection Papers:** 10 points/4 nights = 40 points total (see guidelines)

- 100 – 95 = A  
- 94 – 90 = A-  
- 93 – 70 = C-  
- 89 – 87 = B+  
- 86 – 84 = B  
- 83 – 80 = B-  
- 79 – 77 = C+  
- 76 – 74 = C  
- 69 – 67 = D+  
- 66 – 64 = D  
- 63 – 60 = D-  
- 59 & below = F

**CLASS ONE:**

Please complete the following assignment *prior to the first class:*  
Read Chapters 1 – 3

Come to class prepared to discuss these chapters!

**FULL version of syllabus will be available on Blackboard 1-2 weeks prior to class.**