Crisis Intervention 371  
Winter II Flex Term

Instructor:  
Brenda Kastens, MA, FT, LMHP  
Cell Phone: 540-4772  
brenda.kastens@doane.edu

Prior to the Seminar:  
Prior to the seminar, you will be responsible for reading the ENTIRE text book. Yes, the ENTIRE book. As you are reading the book, you will also be responsible for writing a minimum of a 1 page journal for each chapter. The journal should answer the question, “What did you learn the most from this chapter”

On the first day of the Seminar:  
Your chapter journals will be due.  
We will discuss the first few chapters.  
I will give you a schedule for our guest speakers and/or field trips.

During the week of the Seminar:  
The week will be spent discussing the chapters that you have previously read.  
We will be further educated by guest speakers and/or by taking field trips.  
We will do activities based on the chapter that we are discussing.  
You will keep a journal of the activities and feedback about our guest speakers and/or field trips.  
You will create a poster based on information obtained throughout the week.

After the Seminar:  
You will write a 5-8 page reflection paper on what you learned during the seminar. This can include feelings about self disclosure, how you were impacted personally or professionally from the information learned throughout the week, and/or how your personal or professional goals have been impacted by what you learned throughout the week.

Grading for the Seminar:  
Your primary grade will be on attendance and participation. If you know in advance that you are going to miss any class meeting, you may want to sign up for a different seminar.

Attendance…5 points per class, Monday through Friday  
Attendance…10 points per class, Saturday
Participation…5 points per class, Monday through Friday  
Participation…10 points per class, Saturday  
Chapter Journals…3 points per chapter  
(1 point per chapter if not turned in on the first day of the class)  
Final Poster…30 points  
Final Paper…55 points

Grading is based on the following point scale:

195-200 pts…A+  
190-194 pts…A  
180-189 pts…B  
170-179 pts…C  
160-169 pts…D  
Below 159 pts…F

Course Description:
This course is designed to present applied therapeutic counseling in general, and crisis intervention in particular, in a way that effectively describes actual strategies to alleviate the crisis.

Required Textbook:
ISBN: 9780495100263  
This book is required for the class. It MUST be purchased before the term begins as there are assignments due for the first night of class. Failure to turn in pre-assignments on the first night of class will lower your grade by 2 letter grades. No exceptions.

Course Objectives:
1) Define “Crisis”  
2) Identify the characteristics of a crisis  
3) Identify the characteristics of effective crisis workers  
4) Develop basic crisis intervention skills  
5) Discuss various types of crisis with Crisis Intervention Professionals  
6) Define “Burnout”

Instructional Methods:
This course is designed to combine the study of theory with process and practice. Lecture and discussion will be followed by experiential exercises and is designed to integrate information with techniques. Grading for the course will be based on knowledge of text book, journal entries, participation and attendance.

Academic Integrity Policy:

The Doane College Academic Integrity Policy will be adhered to in this class. All projects and tests will represent your own work. Any use of others’ ideas and words without proper citation of sources is plagiarism and will result in penalties to be determined by the instructor and/or the dean of undergraduate studies.