COU 599
Doane College
Masters in Arts in Counseling
Professional Orientation to the
Doane Masters of Arts In Counseling Program

2014 Winter I Syllabus

Instructor: Burke Brown

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Prerequisite: none

Catalog Course Description: COU 599 develops foundational skills for entry into the professional mental health counseling program. The course is designed for adult learners in which participants are guided to relevant concepts and practical application. Students will extend their life experiences and personal mission statement into and throughout their coursework as a personal theory of change is explored and developed that will lead to a culminating theoretical orientation with the conferral of the Masters of Arts in Counseling degree. Students will continuously reflect on personal growth and professional development as they formulate a culminating personal identity statement and position paper. Students will defend this paper to peers as well as to Doane faculty prior to gaining course credit.

Course Rationale: This course provides an orientation to the performance expectations necessary for a student to attain an acceptable level of competence within the Master of Arts in Counseling program. Weekly classes on campus, online lessons and critical discussion, and continuous engagement in Doane MAC professional graduate tools will challenge program applicants to connect the academic program of studies with individual interests in becoming effective professional counselors. Performance will be assessed using various rubrics to determine whether a student will be recommended to full admission to the Doane Master of Arts in Counseling program. In addition, faculty as well senior level students will be guest speakers to provide further orientation to the Doane Masters of Arts in Counseling program.

Possible outcomes include: 1) full admission to Level I; 2) provisional admission without a remediation plan; 3) provisional admission with a remediation plan, and 3) admission deferred until evidence of completing a remediation plan is presented. Minimum competency in the writing and oral presentation rubrics, indicated by a rating of 3 – Satisfactory, is expected in order to be considered for full admission to the Doane Master of Arts in Counseling program.

Course Objectives (student learning outcomes), Standards, and Assessments: (course objectives are aligned with CACREP 2009 Standards which are posted at the ‘Introduction to Counseling’ Blackboard site):
The Doane MAC program requires students demonstrate competency in knowledge and skills in the eight common core counseling curricular areas, including: professional orientation and ethical practice; social and cultural diversity; human growth and development; career development; helping relationships; group work; assessment; and research and program evaluation (CACREP II G).

**Objectives (Student Learning Outcomes)**

<table>
<thead>
<tr>
<th>Direct Assessment Artifacts</th>
<th>Indirect Assessment Artifacts</th>
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<tr>
<th>#</th>
<th>Learning Outcome</th>
<th>Direct Assessment Artifacts</th>
<th>Indirect Assessment Artifacts</th>
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<tbody>
<tr>
<td>#1</td>
<td>Students will become oriented with the professional development plan, which will be introduced to the PID instructor and group, if admitted to the MAC program.</td>
<td>PTC</td>
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<tr>
<td>#2</td>
<td>Students will identify critical thinking processes and apply in self-reflective writing and peer-review settings</td>
<td>RW-CT</td>
<td>DB</td>
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<tr>
<td>#3</td>
<td>Students will become familiar with the rubric process which measures a range of skills, and knowledge which are critical to progressing through the Doane MAC program.</td>
<td>All assigned rubrics</td>
<td>DB</td>
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<tr>
<td>#4</td>
<td>Students will demonstrate proficiency in academic and technical tools needed to successfully complete the requirements of the Doane MAC program including the use of a portfolio, electronic data bases in the Doane library system, and LiveText.</td>
<td>PF</td>
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<tr>
<td>#5</td>
<td>Students will be introduced to APA style professional writing and the Writing Rubric</td>
<td>RW</td>
<td></td>
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<tr>
<td>#6</td>
<td>Students will be provided feedback regarding written and oral communication skills. The student will have the opportunity to develop a remediation plan if deficits are identified.</td>
<td>RW, OCS</td>
<td></td>
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<tr>
<td>#7</td>
<td>Students will review and revise documents</td>
<td>RW,</td>
<td></td>
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<tr>
<td>#8</td>
<td>Students will begin to develop an initial professional identity statement, and an initial personal theory of change and transformation philosophy to be shared with peers.</td>
<td>PIS, PTC</td>
<td></td>
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<tr>
<td>#9</td>
<td>Students will review attributes of expected student behavior as part of the Doane MAC learning community with an emphasis upon the ethical implications of information placed in the social media environment.</td>
<td>RW</td>
<td>SA</td>
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**Student Responsibilities:**

As a student taking this course, your responsibilities are to:

1) Attend class regularly and actively participate in all classroom activities (discussions, Blackboard discussions, presentations, teamwork, role playing, and exercises).

2) Complete all required assignments and submit according to the schedule or at the instructor’s request.

**Methods of Instruction:**

Methods of instruction may include, but are not limited to: lectures, discussion, field trips, videos, guest speakers, modeling, and computerized/internet instruction. Methods will vary depending on the instructor.

**Basis for Student Evaluation:** The student will be accountable for knowledge and skill development through the use of multiple assessments based on various rubrics.

**Assessments:**

Students will demonstrate the accurate assessment of skills and of knowledge at the end of the course by completing various assessments at a minimum of a “meets expectations level (80 % and above)”. In addition, students complete self-assessments as well as assessments of the course. (CACREP Section III, G). The instructor will also complete a PPE evaluation of the student in LiveText. The instructor will utilize various rubrics to assist in assigning a final grade.
Grading: Final letter grades will be assigned based on the following grade equivalents:

- **A+**: 98-100
- **A**: 92-97
- **A-**: 90-91
- **B+**: 88-89
- **B**: 82-87
- **B-**: 80-81
- **C+**: 78-79
- **C**: 72-77
- **C-**: 70-71

Note: This table is given as a general guideline. Course assignments and the exact final letter grade are at the discretion of the instructor.

Remediation of Identified Deficits: The student will be responsible for initiating a collaborative process with the instructor to improve any perceived deficits of performance.

Rubric Descriptions: Participation in the Professional Learning Community (classroom, etc.) is reflected in the rubrics for Collaboration, Professional Performance Evaluation, Oral Communication Skills, and Writing which are found at the ‘Introduction to Counseling’ Blackboard site.

LiveText/Blackboard Usage: The LiveText Portfolio, LiveText and Blackboard will be utilized to collect artifacts that can represent the student’s body of work. Examples include:

1) Direct Assessment Artifact
   - Professional Identity
   - Personal Theory of Change
   - Portfolio

2) Indirect Assessment Artifact
   - Self-Assessment

The online portfolio is maintained in the student’s personal file on the LiveText website. There may be a number of artifacts that are appropriate for inclusion—see the instructor for details.

Website Resources: to be assigned

Classroom Conduct, Confidentiality & Ethics:

Conduct in the learning environment in the classroom as well as outside the classroom setting is representative of the professional standards and is expected to be of the highest standard.

Academic Conduct: Cheating on examination, submitting work of other students as your own, or plagiarism in any form will result in penalties ranging from an “F” on an assignment to expulsion from the Doane Student Handbook.

Professional Conduct & Dress: Students are expected to adhere to the American Counseling Association (ACA) code of ethics. Any behavior(s) deemed unethical may become grounds for review by the Director’s office or possible dismissal from the program. Students are expected to dress in a casual, but professional manner for the classroom as well as field experience setting.
**Sensitive Material:** Material in this course, in some instances, may be sensitive or emotionally provocative. As you review the syllabus, or at any time during the course, please let the instructor know if you anticipate, or are having, a problem with any assignment or classroom activity. It can then be discussed how this assignment or activity is necessary for meeting course competencies and whether an alternative assignment or activity can be considered.

**Ethical Standards:** All of the graduate courses offered by the Doane Masters of Arts in Counseling program adhere to the current standards of the American Counseling Association (ACA). The current ACA Code of Ethics is available for download at: [http://www.counseling.org/](http://www.counseling.org/).

**Confidentiality & Collaborative Learning:**
In the Masters of Arts in Counseling program, you will experience a process of collaborative learning that involves a substantial amount of role-playing and practice interviewing. Others in the class may share things that are personal and confidential. It is your responsibility to maintain confidentiality.

**Cell Phone Use:** Cell phones should be turned off and not visible during class. Disregard for this request may affect your evaluations. If professional and personal reasons necessitates its use, it must be with the instructor’s permission, and used discretely.

**Accommodating Students with Special Learning Needs:** Students who believe that they may need accommodations in this class are encouraged to contact the instructor as soon as possible to ensure that accommodations are implemented in a timely fashion.

**Professional Communication Skills:**
Professional communication skills (written and oral) are vital to the success of the student in the Master of Arts in Counseling program as well as in their professional career.

**Writing:** The knowledge and skills needed to express information in writing in a concise, professional manner is critical. To assist the student learner, access to A Quick Guide to APA Style, 10th edition (March 2014), complied by Ray M. Zeisset, Ph.D., Doane MAC faculty, is an invaluable resource guide. It is found on the Introduction to Counseling Blackboard site.

The Master of Arts in Counseling Writing Rubric is found on the Introduction to Counseling Blackboard site allowing the student to assess their written work.

**Oral Communication Skills:** Pragmatic oral communication skills are essential to becoming a professional in the counseling field. Presentations, team leadership, and counseling skills require the counseling professional to have a high proficiency in this interpersonal skill area. The instructor will provide feedback based upon rubrics and observations.

The Master of Arts in Counseling Presentations and Multi-media Rubric is found on the Introduction to Counseling Blackboard site allowing the student to assess their oral communication and listening skills.

Feedback from classroom course work and training on an ongoing basis will provide the student insight regarding the professional communication skill levels that the student is observed as demonstrating. Remediation and development of these skills, if needed, by the student is critical in their professional growth. This feedback may indicate that the student will need to seek services that can provide assistance in developing literacy and oral communication skills. The Dean’s office or an instructor may be of assistance in providing suggestions.
Statement about Diversity:

The Master of Arts in Counseling program is committed to social justice. The Master of Arts in Counseling program cherishes the dignity of each individual regardless of age, culture, faith, ethnicity, race, gender, sexual orientation, language, disability or social class.

The Master of Arts in Counseling program expects that all faculty and students will engage in respectful explorations of issues regarding diversity and multiculturalism as the program continuously develops and maintains a commitment to social justice. In addition, faculty and students are expected to explore their own attitudes, knowledge, and behaviors with regard to various forms of discrimination so that the quality of research, teaching, and practice improves.

Questions, Concerns, Grievances:

Feel free to schedule an appointment to talk with the instructor if you have any issues to discuss. More formal grievance procedures are outlined in the Doane MAC Student Handbook.

Absence Policy:

In registering for classes at Doane, students accept responsibility for attending scheduled class meetings, completing assignments on time, and contributing to class discussion and exploration of ideas. Lateness in attending class and absences will result adversely impact the students’ final grade. In severe cases of inclement weather or other emergency conditions the Campus Director’s office will announce cancellation of classes through the local and regional media as well as through the web site.

Plagiarism and Collaboration:

The Master of Arts in Counseling program recognizes that the open exchange of ideas plays a vital role in the academic endeavor, as often it is only through discussion with others that one is fully able to process information or to crystallize an elusive concept. Therefore, students generally are encouraged to engage in conversations with their teachers and classmates about their courses, their research, and even their assignments.

These kinds of discussions and debates in some ways represent the essence of life in an academic community. And yet, it is important for all scholars to acknowledge clearly when they have relied upon or incorporated the work of others. To ensure the proper use of sources while at the same time recognizing and preserving the importance of the academic dialogue, Master of Arts in Counseling program has adopted the following policy:

A student who allows another student use of their work in the completion of coursework will be subject to disciplinary action up to and including requirement to withdraw from the Master of Arts in Counseling program.

Changes in Syllabus:

The instructor reserves the right to alter the schedule and content as needed. Changes will be made publically at the earliest possible time.
<table>
<thead>
<tr>
<th>Week 1</th>
<th>Topic</th>
<th>Homework</th>
<th>Assignment Due at Beginning of Class</th>
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</table>
| - Opening Circle: Introduction Activity  
- Syllabus Review and Rubrics Review  
- MAC Student Handbook  
- Housekeeping: Set/Clean-up/_snacks  
- Setting Class Times  
- Introduction to PID/PPE  
- COU 599 Pyramid of Success  
--- Transformational Learning
--- Critical Literacy
--- Authentic Portfolio
--- Effective Professionalism  
- Blackboard/LiveText  
--- Navigating Made Easy
--- Peer Review Boards
--- Research Tools | 1) Find the body of peer reviewed knowledge describing professional mental health counselors: How do counselors address the issues raised by the COU 599 Reflection Questions?  
2) Find the body of peer reviewed knowledge describing professional mental health counseling: How does the profession as a group address the issues raised by the COU 599 Reflection Questions?  
3) Post for peer review three (or more) professional conclusions from that literature.  
4) Post responses that demonstrate critical thinking for each of your colleagues postings | - Registration
- COU 599 Reflection Questions
- Philosophy Statement & Artifact |

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<tr>
<th>Week 2</th>
<th>Topic</th>
<th>Homework</th>
<th>Assignment Due at Beginning of Class</th>
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</table>
| - Opening/Check-In  
- Wagon Wheel: How does Peer-Reviewed Knowledge address Reflection Questions?  
- Group Discussion of Above  
- Group Discussion of Strengths/Weaknesses of Postings  
- Study Group Analysis: Book Review/Presentation  
- Technology Demonstrations  
--- Google Tools including CALENDAR.
--- Discussion/Practice on Critical Thinking
--- Clear, Consise, Effective Communication  
- COU 599 Pyramid of Success  
--- Transformational Learning Experience | 1) Develop a three-minute presentation on one form of Rhetoric.  
2) Select Book to Review  
3) Review/Complete Technical Presentations Before Next Class.  
4) Begin E-Portfolio  
5) Research the concept and the professional applications of critical thinking, post three (or more) essential fundamentals of critical thinking, and post critical comments on each of the postings.  
6) Research the concept and the professional applications of adult learning theory in practitioner programs, post three (or more) essential fundamentals of critical thinking, and post critical comments on each of the postings | - Week One #1
- Week One #2
- Postings and Peer Reviews are Due at 11:00 p.m. on the Tuesday following its “assigned” date. |
| Week 3 | **Opening/Check-in**  
**Writing Skills**  
---Business Letters:  
---Writing Research Papers:  
---Literature Reviews  
---Literature review vs. book report vs. annotated bibliography.  
---Definition of “The Literature”  
---Journaling  
---Styles: dialectical, creative, personal  
---Descriptive writing v. Persuasive  
---APA Style  
---Entertainment  
---Audience | 1) Research writing styles and post samples of each style  
2) Reflection on each style.  
3) Post critical comments on each of the postings posting  
4) Incorporate Reflections and critical comments into your portfolio  
5) Develop artifact(s) for portfolio  
6) Prepare three-minute oral discussion for lay persons and ten-minute oral defense of artifacts for peers. | **Present Rhetoric**  
**Present Selected Book** - Week Two #3 will be reviewed online.  
- Week Two # 4 will be peer reviewed.  
--Postings and Peer Reviews are Due at 11:00 p.m. on the Tuesday following its “assigned” date. |
### Week 4
**Opening/Check-in**
Focus Circle
Professional Identity Development Seminar
Formal Petitions for Promotion
Conceptualization and articulation of professional development: ---Professional Identity Statement
--- Professional Orientation Declaration
ACA expectation of reflective and research based practice
Clear articulation of assumptions providing the counselor with a theory-based framework for:

| 1) Research process of professional development and professional growth |
| 2) Polish your personal "road map" |
| 3) Post reflections on professional development and professional growth. |
| 4) Post reflections on personal road map. |
| 5) Post critical comments on each of the postings |

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### Week 5
Class will meet on a normal schedule for work to be accomplished on ground. Online Portfolio will be demonstrated and discussed. The remaining time will be for guided work.  
**Guest Senior Student Overview**

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<tr>
<th>Work toward completion of book review with partners, and begin preparation of presentation. Explore Online Portfolio.</th>
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<tbody>
<tr>
<td>No Additional Homework</td>
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### Week 6
**Opening/Check-in**
Review and discuss postings
Professional Development in the MAC program - the process
**Student responsibility:**
--- To plan, map and monitor growth
--- To synthesize, process and incorporate information and experience into knowledge and professionalism
--- To demonstrate and articulate growth, progress and readiness for promotion

**Guest Faculty Overview**

| 1) Research and post first draft of petition for full admission to the program with supporting documentation and reflection in portfolio |
| 2) Critique postings |

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### Week 7
**Opening/Check-in**
Review and polish petitions
Review course learning goals
Review individual plans and readiness for emersion in the MAC program.

**Guest Faculty Overview**

| 1) Finalize petition |
| 2) Finalize individual plans for MAC |
| 3) Perfect Portfolio |
| 4) Prepare for final defense of petition, artifact, professional position statement, and e-portfolio |

### Week 8
**Opening/Check-in**
- Presentation/defense of petition.  
- Presentation of electronic portfolio

<table>
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<tr>
<th>1) Finalize group book presentation</th>
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<tr>
<td>Evaluation of Week Four #1 will be ENTIRELY from reflections. Week Four #2 will be presented in roundtable forum. Week Four #3, #4, and #5 are due at 11:00 p.m. on the Tuesday following its &quot;assigned&quot; date.</td>
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### Week 9
All Students will meet by appointment.
These 45-minute meetings will allow for final critical response and reflection.

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### Final

- Week Three #1, #2, and #3 reviews are due at 11:00 p.m. on the Tuesday following its “assigned” date.  
- Week Three #5 and #6 will be presented in class.