

**PED 101 Activity Course: Bowling
COURSE OUTLINE AND SYLLABUS**

Instructor: Brad Jakubowski

PHONE: (402) 416-1890 (if no answer, please leave a message).

EMAIL: bradley.jakubowski@doane.edu

MEETING TIME: Tuesday 6:30 PM

STARTING DATE: May 27th

MEETING PLACE: HOLLYWOOD BOWL
920 N 48th St.
Lincoln, NE 68504
ph. (402)466.1911
email: hollywoodbowl@48bowl.com

TEXT: None, handouts will be provided.

Course Objectives:

By the end of the class term, students should know:

1. How to keep score manually.
2. The rules and etiquette of bowling.
3. The nomenclature of the bowling lane: approach, lanes, boards, marks, arrows and pins.
4. The fundamentals of correct bowling form: setup, approach, footwork, arm swing and follow through.
5. The fundamentals of picking up spares using the 3-6-9 method.

Grading:

A passing grade is based on attendance and participation. Since we only have 8 weeks together, 100% attendance is crucial to learn as much as possible.

Please wear comfortable clothing.

Things to bring: Lots of Questions.

Note pad and writing instrument

A propensity to have loads of fun

Optional: Your bowling ball and/or shoes, if not, we will set you up with house balls and shoes!