GROUP COUNSELING--HRE 315
Doane College Grand Island, NE

Syllabus

Instructor: Kay M. Carpenter, BSN, MS, MA
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Credits: 3 hrs.

Course Description:
A study of the basic issues and key concepts involved in group counseling and the application of these
concepts to a variety of therapeutic groups will be studied.

Required Textbook:
Student Solutions Manual for Corey's Theory and Practice of Group Counseling, 8th Edition
(Paperback) by Gerald Corey

Publisher: Brooks Cole, January 1, 2011
ISBN-10: 0840034644

Instructional Methods:
Leadership and facilitator responsibilities will be shared and counseling techniques will be practiced.
In addition to lecture and discussion, videos and skills practice will be incorporated in class.

Course Objectives:
Upon completion of this course the student will be able to:
1. Understand theories which apply to group counseling.
2. Identify concepts and techniques from the various therapeutic models effective in therapeutic group
   activities.
3. Describe and demonstrate the role of facilitating and co-facilitating a group, including the use
   strategies to increase clients’ ability for problem solving.
4. Understand personal facilitation style for group work.
5. Apply identified techniques used in the group counseling process.
6. Examine ethical and professional issues in group leadership.

Course Format:
A variety of learning activities, including participation in a group process will be utilized during this course.

Grading Policy:
Grades will be calculated based upon the percent of points earned out of the total possible points.
The grading scale will be: A=90-100 B=80-89 C=70-79 D=60-69

Assignments:--Total points for the 8 weeks: 275 points
Quizzes (Weeks 3, 6, 8) 60 points
Reflection Papers/Worksheets 60 points
Attendance 80 points
Lead Group experience 50 points
Co-facilitate Group 25 points

Each student will lead (facilitate) a group experience and co-facilitate a group experience. Leading the group
will require the leader to prepare a specific topic for discussion and to use the guidelines provided by the
instructor. Co-facilitating the group will require the individual to support the leader as well as interject to
keep the group functioning. Scoring guidelines will include: ability to guide the group interaction, the type
of questioning utilized, the topic provided, etc.
*A journal paper of leading and co-facilitating the group will be due the week after the experience. This will need to be:
Typed
Double-spaced
One to two pages in length reflecting on
a. leading or co-leading the group
b. how you decided on the topic
c. interaction with the other group members while in group
d. application of the group process.

*Students are expected to observe ethical principles at all times in group session and in class.

Attendance-
Participation in group activities is crucial to the learning process for group counseling. Attendance is a vital part of your learning experience. Therefore, the following will be used to finalize grades:
Absent from one class  Makeup work from class due the following week
Absent from two classes  Loss of 5 pts. from total grade average for the 8 weeks
Absent from three classes  Will result in failure of the class

Schedule of lessons and exams:
Week 1-March 20  Class Expectations, Group Practices, Group Roles, Ethics Ch. 1, 2, & 3
Week 2-March 27  Ch. 4 & 5, Groups 1 & 2
Week 3-April 3  Ch. 6 & 7, Groups 1 & 2 * Take home Quiz Ch. 1-5 includes Group Practices & Roles
Week 4-April 10  Ch. 8 & 9, Groups 1 & 2
Week 5-April 17  Ch. 10 & 11, Groups 1 & 2
Week 6-April 24  Ch. 12 & 13, Groups 1 & 2 * Take home Quiz Ch. 6-11
Week 7-May 1  Ch. 14 & 15, Groups 1 & 2
Week 8-May 8  Ch. 16, Evaluations * Take home Quiz 12-15

The Doane College Academic Integrity Policy is adhered to in this class. All projects will represent your own work. Any use of others’ ideas and words without proper citation of sources is plagiarism and will result in penalties determined by the instructor and/or the dean of undergraduate studies.