Impact Seminar: Connecting Knowledge to Choices and Actions
This is a course that will include experiential learning and take place over two terms. You will be exploring new ways to communicate, improve questioning skills, foster strong relationships with individuals and teams and complete a coaching project. During this course you will develop teamwork and leadership skills to prepare for citizenship or work as you connect theory, practice and experience. The assignments and guidelines will be given to you on the first, second and third nights of class.

Course Description:
This course examines the roles, traits, and contribution of the nurse in organizational leadership and managerial positions and as the lead advocate for people in their most vulnerable state. Its focus is the personal and professional development of the practicing nurse as a mentor and coach to the people they serve. Topics include servant leadership, emotional intelligence, active listening, building relationships, cultural awareness, conflict resolution, delegation, and team building. Students develop competencies and skills that will enable them to manage and lead effectively and have an opportunity to apply those competencies and skills in an appropriate health care setting.
Prerequisite: Nursing 305, 306 and 307

Course Objectives:
Upon completion of this course, the students will be able to:
1. Understand the benefits of coaching as it relates to leadership and nursing.
2. Develop skills that enable you to communicate, coach and lead effectively.
3. Design and implement a coaching project related to positive change in a group or individual.
4. Utilize case studies and/or work examples to resolve conflicts, delegate and build teams.
5. Describe the process of building teams related to emotional intelligence and personal and professional strengths.

Required Text:

**Learning Strategies that will be used:**
Lecture
Discussion
Films/videos
Readings
Assignments to students
Receive personal coaching during term one, 4 – 6 hours total (guidelines provided first class)
Apply class content from NRS 305, 306 and 307 to decision-making moments.
Develop coaching skills by providing supervised coaching to others (coaching project leading to 18 – 24 hours during second term).

**Assessment/Grading:**

**ATTENDANCE & PARTICIPATION:** You have 4 classes during the first 8 weeks. In these classes you will be sharing your STANDOUT roles, reviewing emotional intelligence during class discussion, watching new video material and discussing. You will also be introduced to the coaching process and begin practicing in preparation for your projects during the second term. Because of the importance of student interaction, no class can be successfully replicated. As a consequence, attendance and participation will account for 25% of your grade.

**PERSONAL COACHING/REFLECTIVE WRITING:** You will receive guidelines on this the first night of class. This is worth 25% of your grade.

**DESIGN AND IMPLEMENT A COACHING PROJECT:** You will receive guidelines for this project during the second class. This is worth 25% of your grade.

**RESEARCH PAPER:** You will receive guidelines and the rubrics grading criteria for this paper during the third class. This is worth 25% of your grade.

**GRADING SCALE:**

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<th>Grade</th>
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<td>A</td>
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This is worth 25% of your grade.
**Academic Integrity Policy:**
It is expected that you “answer the call light” for any of your fellow students. It does not matter whether or not this student is your “assigned” student for your shift…you answer their “call” for help immediately. You assist them with a smile and a sense of humor, all the while remaining respectful and treating them with dignity. If someone answers your “call light” be sure to say “thank you” and give him or her credit for the work they have done. This is referred to as citing a source. Always give your co-workers credit for their ideas and words. Failure to give credit to the people that answer your call light will result in an “F”.