Purpose:
It is imperative for Mental Health Counselors and Substance Abuse Professionals to have expert knowledge and skills to use in their practice of counseling. Practices that affect client progress and eventual successful outcome in the therapy process should be integrated in the theoretical philosophy of the counselor. Therapists must be comfortable with their personal beliefs and understand the processes of change, as well as become familiar with a variety of counseling techniques based on empirically based theories.

Course Description:
Inquiry into abnormal behavior, its categories, causes, and treatments.

Course Objectives:
1) Define abnormal behavior
2) Distinguish between multidimensional vs. unidimensional models of causality.
3) Explain the nature and purposes of psychiatric diagnosis and how the DSM-IV-TR is used to help therapists and counselors make an accurate psychiatric diagnosis.
4) Describe the basic components of research

Required Text:

You MUST have the case study book with you on the first day of class. No exceptions. 10 points will be deducted from your grade if you do not bring your book to class.

Electronic books are not allowed for this class.

Evaluation and Course Policies:
**IF you are not able to attend the first class meeting….DO NOT enroll in this class. Students who miss the first night of class will be automatically withdrawn from the class.***
This class will not be taught in the traditional 8 week format. In addition to class time,
students will work independently on case studies, media projects, and gaining an understanding of how ‘abnormal’ psychology impacts our society.

Students will be evaluated on knowledge of classroom handouts, case studies, media projects, attendance and participation, and a final exam.

Students may use their cell phones to take emergency calls only. Texting will not be tolerated in class. Participation points will automatically be deducted if a student is found to be texting during class. Students will not be allowed to use their laptops or other electronic devices during class.

Students are expected to attend class and participate in discussion. Missing one class will cost you points. Missing 2 classes will cost you one letter grade. Missing 3 classes will earn you an automatic failing grade for the course.

Incompletes are given only for extenuating circumstances.

Late papers will only earn 50% of the available points. All papers must be typed and ready to be handed in at the beginning of the class. No exceptions.

**Grading:**

- 291-300 points = A+
- 279-290 points = A
- 265-278 points = B
- 231-254 points = C
- 210-230 points = D
- 209 or below = F

**Academic Integrity Policy:**

The Doane College Academic Integrity Policy will be adhered to in this class. All projects and tests will represent your own work. Any use of others’ ideas and words without proper citation of sources is plagiarism and will result in penalties to be determined by the instructor and/or the dean of undergraduate studies.