

2012 CINDY MEYER VOLLEYBALL CAMPS APPLICATION FORM

SETTER
June 27 - 28
 \$130 no room or meals
 \$143 with room, no meals
 \$155 with meals, no room
 \$168 with room & meals
 \$20 Deposit
 (part of total cost)

SINGLE DAY INDIVIDUAL
June 29
 \$53 Total Cost
 includes lunch
 \$47 no lunch
 \$15 Deposit
 (part of total cost)

INDIVIDUAL
June 25 - 26
 \$130 no room or meals
 \$143 with room, no meals
 \$155 with meals, no room
 \$168 with room & meals
 \$20 Deposit
 (part of total cost)

ATTACK & BLOCK
July 9
July 18
 \$60 Total Cost
 includes lunch
 \$55 no lunch.
 \$15 Deposit
 (part of total cost)

PASS, SERVE & DEFENSE
July 10
July 19
 \$60 Total cost
 includes lunch
 \$55 no lunch.
 \$15 Deposit
 (part of total cost)

MATCHES ONLY
July 11 & 12
July 16 & 17
 \$55 No room or meals
 \$68 With room
 \$74 With meals
 \$87 With room & meals
 \$20 Deposit (part of total cost)

Make All Checks Payable to : Cindy Meyer Volleyball Camp **PRE-REGISTRATION FEE IS NOT REFUNDABLE**

PLEASE PRINT

Name _____ Email _____
 Address _____ City _____ State _____ Zip _____ School _____
 Age _____ Height _____ Grade (Fall 2012) _____ Circle T-Shirt Size: Adult S - M - L - XL - XXL Childs S - M - L
 Position: (circle one) Setter Middle Hitter Outside Hitter Libero Phone _____ Roommate preference _____
 Volleyball Coach _____ Phone Number _____ E-mail _____

I acknowledge and agree that:

- The risk of injury from the activities involved in this program is significant, and while particular rules, equipment, and personal disciplines may reduce this risk, the risk of serious injury does exist; and,
 - I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE ORDINARY NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and
 - I RELEASE AND HOLD HARMLESS Doane College and the program sponsor and their trustees, directors, employees and volunteers ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE ORDINARY NEGLIGENCE OF THE RELEASEES OR OTHERWISE.
- I HAVE READ THIS RELEASE AND HOLD HARMLESS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY.**

Age: _____ Print Participant's Name _____ Participant's Signature _____
 Date signed: _____ Date signed: _____

FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 19 AT THE TIME OF REGISTRATION)

I, as parent/guardian for this participant, do consent and agree to his/her release and hold harmless. I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to the minor child's participation in the program, EVEN IF ARISING FROM THE ORDINARY NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

Date signed: _____ Print Parent/Guardian's Name _____ Parent/Guardian's Signature _____
 Emergency phone number: _____



SINGLE DAY - INDIVIDUAL

June 29
Camp Open to Grades 3-8

The Tiger Volleyball Individual single day camp is designed to teach players the latest volleyball skills and techniques. Grades 3rd through 8th grade are welcome. We will spend one hour on the following skills: Passing, Serving, Setting, Attacking and Defense. Each skill will be taught with progressive drills.

Check-in time will be from 9:00 - 9:30 a.m. on June 29. Lunch will be from 12:30-1:30 p.m. and the camp will end by 4:30 p.m. The total cost of \$53 does include lunch. No lunch cost is \$47.

SETTER CAMP

June 27 - 28
Camp Open to Grades 5 - 12

The camp will specialize in developing and training setters. The sessions will include footwork, training the hands, backset, net play, various types of sets, skill handouts and tactics. The camp will also provide instruction on serving and defense. Drills will be game related with high repetitions.

Camp director Cindy Meyer is recognized for her ability to train setters.

Check in time will be 9:00-9:30 a.m., Wednesday, June 27. The camp will end at 4:00 p.m. on Thursday, June 28. The total cost of \$168 includes rooms and meals. The meal package consists of lunch and dinner on the first day and breakfast and lunch on the second day. Setters will be grouped according to grade level. Grades 5 through 12 are welcome.

PASS, SERVE AND DEFENSE/ LIBERO SPECIALTY

July 10 and July 19
Open to Grades 5-12

A camp to improve techniques on three of the most important skills in volleyball, pass, serve and defense. Each skill will be taught with progression drills. Emphasis will also be placed on footwork. Drills will be game related with high repetition. Check-in time will be from 9:00 -9:30 a.m. on July 10 and July 19. Lunch will be from 12:00 - 1:00 p.m. and the camp will end by 4:30 p.m. The total cost of \$60 does include lunch. No lunch cost is \$55.

ATTACK & BLOCK

July 9, July 18
Camp Open to Grades 5 - 12

The Attack and Blocking Camp will specialize in developing hitting and blocking skills. The single day camp emphasizes the improvement of fundamentals. Each skill will be taught with progression drills. Check-in time will be from 9:00 -9:30 a.m. on July 9 and July 18. Lunch will be from 12:00 - 1:00 p.m. and the camp will end by 4:30 p.m. The total cost of \$60 does include lunch. No lunch cost is \$55.

INDIVIDUAL CAMP

JUNE 25 - 26
Camp Open to Grades 5 - 12

The Tiger Volleyball Individual Camp is designed to teach players the latest volleyball skills and techniques. The camp's goal is to meet the needs of each individual camper. Players will be exposed to extensive coverage of basic skills, drills, tactics and offensive and defensive play. Campers will be divided into groups according to grade level. Grades 5 through 12 are welcome. The total cost of \$168 includes rooms and meals. The meal package consists of lunch and dinner on the first day and breakfast and lunch on the second day. Check in time will be 9:00 - 9:30 a.m., Monday, June 25. The camp will end by 4:00 p.m. on Tuesday, June 26.

George and Sally Haddix Recreation and Athletic Center

The Doane Volleyball camps will be held at the George and Sally Haddix Recreation and Athletic Center with air conditioning and 3 courts.

Two Day Matches Only

July 11 and 12
July 16 and 17
Open to Grades 9-12

Check in time will be 10:30 a.m.-11:30 a.m. Day one times: 12:15 p.m. to 9:30 p.m. Day two times: 8:30 a.m. to 4:00 p.m. Per player cost will be \$55 no room or meals; \$68 with room; \$74 with meals; \$87 with room and meals. \$20 deposit. Meals include Day one dinner, Day two breakfast and lunch.

Two Day Matches only information: No fundamentals are taught at these camps, with matches being the main attraction. The camp provides a lot of games. League play begins with round robin competition, then teams advance to pool play. Matches are played for 25-30 minutes so we stay on schedule.

The camp will provide freshman, junior varsity and varsity divisions. The varsity division is also divided into high and low levels. A school may have as many teams as they desire. Coaches accompanying their team will be furnished with room and meals, free t-shirt and water bottle. Players staying in the Doane dormitories should furnish their own linen, pillow and towels.

The Doane Volleyball team camps this summer will be held on the 3 wood courts in the air conditioned Haddix Center and 2 wood courts in the Fuhrur Field House

Registration: Coaches are encouraged to collect application forms and preregistration fees and send them as a team. Please indicate the number of teams participating and their level of competition. **The checks should be made out to Cindy Meyer Volleyball Camp.**

All forms and checks should be returned to Cindy Meyer Volleyball Camp, 1014 Boswell Ave., Doane College, Crete, NE 68333 by June 19, 2012. Also include coach's phone number & email. A notecard or email will be sent verifying your preregistration.



MEDICAL CLEARANCE

- Bring at registration the signed physician's release (see release form) or
- Bring at registration 2011-2012 school physical form (dated after June 1, 2011)

Bring one of the above forms when you attend the camp.

Campers without the medical information will not be allowed to participate.

HEALTH CARE

All campers must carry their own insurance. Doane College, Cindy Meyer and clinic staff will not be responsible for injuries sustained at camp.

LOCATION

The camps will be held at Haddix Center on the Doane Campus. Haddix Center is air conditioned.

HOUSING

Participants will be housed in one of the campus dormitories. Supervision by camp staff and resident hall staff.

WHAT TO BRING

Each camper should furnish her own linen, pillow, towels and all of her volleyball equipment. Camper may wish to bring some spending money to purchase apparel available in the camp store.

CAMP FEATURES

- Camp T-Shirt
- Water Bottles
- DQ Treats
- Staff that includes outstanding coaches

CAMP STAFF

Cindy Meyer-Doane Head Coach, Doane College, Players.

Physician's Release

I hereby certify that

_____ is physically fit to participate in an active volleyball camp and that I know of no physical impairments which would, in any manner, limit her participation in such a program.

DOCTOR'S SIGNATURE

DATE

NOTE: The doctor's signature on this application may be substituted by bringing a copy of the camper's school physical form which is dated June 1, 2011 or later. **Campers without the required medical release or school physical form will not be allowed to participate.**

Make Checks out to:

Cindy Meyer Volleyball Camp

Return completed registration forms with deposit to: Cindy Meyer, Head Volleyball Coach, Doane College, 1014 Boswell, Crete, NE 68333. For questions: 402-826-8202 cindy.meyer@doane.edu. A note card or email will be sent verifying your preregistration. Please include your email on your application form. **Cancellation deposits are non-refundable.** Pre-registration fees not refundable.

Cindy Meyer Volleyball Camp
Doane College
Crete, NE 68333

2012

Cindy Meyer Volleyball Camps



*Excellence *Fundamentals

*Dedication *Team Work *Enthusiasm