

PSY 416 Abnormal Psychology
3 Semester Credits
Summer 2008

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Purpose:

It is imperative for Mental Health Counselors and Substance Abuse Professionals to have expert knowledge and skills to use in their practice of counseling. Practices that affect client progress and eventual successful outcome in the therapy process should be integrated in the theoretical philosophy of the counselor. Therapists must be comfortable with their personal beliefs and understand the processes of change, as well as become familiar with a variety of counseling techniques based on empirically based theories.

Course Description:

Inquiry into abnormal behavior, its categories, causes, and treatments.

Course Objectives:

- 1) Define abnormal behavior
- 2) Distinguish between multidimensional vs. unidimensional models of causality.
- 3) Explain the nature and purposes of psychiatric diagnosis and how the DSM-IV-TR is used to help therapists and counselors make an accurate psychiatric diagnosis.
- 4) Describe the basic components of research

Course Materials:

Text: Barlow, D. H. and Durand, V.M. Abnormal Psychology: An Integrative Approach. 5th Edition.

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Casebook in Abnormal Psychology. 3rd Edition

These materials are bundled together and are sold as a set in the Lincoln Bookstore. The ISBN for the set is 0495661244.

You MUST have both books with you on the first night of class. No exceptions.

Evaluation:

Students will be evaluated on an APA paper, class attendance and participation, and knowledge of course handouts, and a final examination.