

**HRE 417 Multicultural Counseling**  
**3 Semester Credits**  
**Summer 2008**

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**Course Description:**

A course designed to give students the self-understanding, knowledge, and techniques necessary to counsel a person whose culture is different from that of the counselor.

**Required Textbook:**

**Culture & Identity: Life Stories for Counselors and Therapists**  
**Anita Jones Thomas & Sara Schwarzbaum**  
**ISBN: 1412909201**

**This book is required for the course and must be brought to every class, starting with week 1. No exceptions.**

**Course Objectives:**

- 1) To acquire a basic understanding of issues and concepts in cross-cultural counseling.
- 2) To acquire knowledge of a basic framework for the development of cultural competency and multicultural counseling competency.
- 3) To acquire self-understanding, knowledge, and techniques necessary to counsel a person whose culture is different from the counselor's.
- 4) To examine certain professional ethical issues related to multicultural counseling.

**Instructional Method:**

This class will utilize textbooks, current issues, videos, discussion, and field work as methods of instruction. There will be an emphasis on classroom discussion.