

# PSYCHOLOGY OF PERSONALITY

## PSY 365

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**COURSE DESCRIPTION:** A study of sources of knowledge about human individuality and the various theoretical orientations with attention to organization, structure, and dynamics. A Human relations major requirement, which also meets the Writing across the Curriculum requirement.

**RESOURCES AND MATERIALS:** Personality Theories, An Introduction, Seventh Edition, Barbara Engler

### COURSE OBJECTIVES:

1. Development of the student's theory of personality
2. An understanding of the leading personality theories.
3. Heightened awareness of the student's own personality.
4. An introduction to the Myers-Briggs Type Indicator.
5. An enhancement of writing skills.

**GENERAL FOCUS OF THIS COURSE** will be on identifying the major concepts of the personality theorists studied and applying these theories to the student and to case studies. Emphasis will be placed on personal reflection and introspection through writing and participating in small group activities.

### **ASSIGNMENT DUE BEFORE FIRST CLASS: Read Chapter 1 and 2**

#### Session 1

Introductions  
Course requirements/syllabus  
Class discussion about personality and assumptions about humankind  
Freud (lecture and discussion)  
Complete Myers-Briggs Type Indicator

#### **Assignment for Session 2: Read Chapters 3 & 4.**

#### Session 2

Jung (lecture and discussion)  
Jung (video)  
Adler (lecture and discussion)

#### **Assignment for Session 3: Read Chapter 5**

#### Session 3

Myers-Briggs Type Indicator presentation and feedback  
Horney (lecture and discussion)  
Fromm (lecture and discussion)

#### **Assignment for Session 4: Read Chapter 6**

#### Session 4

Erikson (lecture and discussion)

Erikson (video)

**Assignment for Session 5: Read Chapters 8 & 9.**

**Write paper #1: "The past is still happening. (see format)**

#### Session 5

Assignment #1 is due

Ballard, Miller, Skinner, Bandura and Rotter (lecture and discussion)

**Assignment for Session 6: Read Chapters 15 & 16.**

#### Session 6

Cognitive Theory (lecture and discussion).

**Assignment for Session 7: Read Chapter 13**

#### Session 7

Carl Rogers and Maslow (lecture and discussion).

**Assignment for Session 8: Read Chapter 17**

**Choose and write on one of the four topics. Due Session 8**

#### Session 8

Assignment #2 is due

Zen Buddhism presentation by students who missed a class

Zen Buddhism (lecture and discussion)

**Write on A Personalized Theory of Personality. Due week 9**

#### Class Assignments

1. Students will write one reflection paper applying psychodynamic theory to their own personality. Worth 1/3 of grade.
2. Students will choose one of the four topics in which to write a paper. Worth 1/3 of grade.
3. Students will apply at least three personality theories while developing a personalized theory of personality. Worth 1/3 of grade.

Because PSY 365 meets the Writing Across the Curriculum requirement, 10% of every written project will be graded on writing skills.

**Attendance:** Because of the intensive nature of Doane-Lincoln classes, attendance is critical. If a student misses one class, s/he can make that up by reading an outside writing on Zen Buddhism and present at the beginning of the 8<sup>th</sup> session. If the student does not present, their grade will be lowered.