

CMS 220
Interpersonal Communications
Spring 2008
3 Credit Hours

Instructor: Brenda K. Kastens, MA, FT, LPC, LMHP
Phone: 402-540-4772
Email Address: brenda.kastens@doane.edu

Course Description:

This course focuses upon the nature and influence of communicative behavior in close, personal relationships. Interpersonal communication structure and processes will be explored as they relate to the development and maintenance of identities, friendships, romantic, and family relationships.

Course Objectives:

Through thorough examination and discussion of theoretical study and practice of communication exercises, at the end of this course, each participant should:

1. Develop individual personal growth
2. Establish effective interpersonal, intrapersonal, and group communication
3. Understand concepts and practice of appropriate communication skills
4. Know the techniques for improvement of communication skills
5. Be able to assess his/her communication skills
6. Become aware of barriers to effective communication
7. Have the ability to apply new communication skills to personal and professional life
8. Be aware of different perceptions and possibilities for interpretation of communication
9. Have a renewed interest in effective communication

Text:

Communicate! A workbook for Interpersonal Communication, 7th Edition.

Workbooks must be purchased new. Used workbooks will not be acceptable for this course.

Special Instructions:

Please ensure that you receive your assignments during formal registration. This class will start during the 2nd week of the term. There are assignments that will be DUE during that first meeting.