

**120 Understanding the Old Testament (3)**

An introduction to the great ideas and stories of the Bible, focusing on the Old Testament. Students examine leadership in the Bible through daily assignments, short written papers, and a research project.

**121 Understanding the New Testament (3)**

An introduction to the literature and thought of the New Testament, focusing on the life and teachings of Jesus and the letters of Paul.

**231 History and Philosophy of Technology (3)**

This course focuses on aspects of the history of technology; the moral and social dilemmas that past technologies gave rise to (even when those dilemmas were not clearly acknowledged); the potentials of selected current technologies; and the moral and social dilemmas that those technologies raise. Students study the ways major thinkers have tried to deal with the dilemmas technologies have posed, and are asked to think through their own responsibilities concerning the technologies discussed.

**323 Religion in American Life (3)**

An examination of the intellectual and social history of religion in America. Beliefs and practices of major religious groups are also examined.

**324 Christian Social Ethics (3)**

Ethical principles of the Judeo-Christian tradition and their importance for economics, politics, race relations, world hunger, war, and peace.

**Physical Education (PED)**

**101 Physical Activity Course (1)**

An opportunity for physical conditioning through a variety of activities. *(Pass/Fail)*

**104 Theory of Lifetime Fitness (1)**

A course providing students with knowledge of how to stay fit throughout their lifetimes. It includes both academic (fitness theory and nutrition) and physical (how to exercise properly) components.

*NOTE: A maximum of four physical education activity/theory of physical fitness credits apply toward graduation.*

**209 Nutrition (3)**

An introduction to basic principles of human nutrition with emphasis on nutrients, food sources, and function of nutrients within the human body. Nutritional requirements throughout the life span are addressed, as well as the impact of cultural, psychological, and personal health factors on an individual's nutritional status. Upon completion of the course, students will know how to assess nutritional status and provide preventive and therapeutic dietary teaching based on an individual's nutritional needs and developmental, cultural, psychological, and physiological dimensions.